

## Office dress code for men

Feel like your career is on life support? You are not alone. There is a cure.

"I am male and work in an office environment. I recently had my performance evaluation. I was shocked when my supervisor, at the very end of the meeting, told me that I had to improve the way I dressed but he did not give me any suggestions. Can you shed some light on this subject?"

I spent a year in the army and learned how you can be flawless in your dress. However, I am warning you, it is a lot of work but the payoffs will be noticeable on your career.

**Shirt:** Make sure that your collar is snug around your neck. Make sure that the collar does not curl up or down. Your collar must not look soiled in any way and if it is looking worn out get a new one. Iron your shirt every morning. Secret: Always use starch. It is a life saver. The crease in your arm must begin in the middle of your shoulder and run straight to your cuffs. At least two of the shirts you wear per week must be white. That builds trust with your coworkers.

**Tie:** No stain or wrinkles. Tied tight up to your neck and the fattest part matches the very top of your pants. Your tie must be thick.

**Belt:** No cracks or scratches in leather or metal wearing out. Make sure every morning that your belt goes through all you belt buckles.

**Pants:** Iron your pants every 3 days. Absolutely no holes or tearing near the pockets. Absolutely no tearing at the heel. Pet peeve: Always button your back pockets. You would be surprised how many people look at your bum.

**Shoes:** Shiny. Buy a quick shine and every morning rub your shoes. People will say: "How do you keep your shoes so shiny?" Make sure your laces are not shredding. The heel of your shoes can ruin your whole look. Make sure you have no more than 5mm worn out. When you have more it makes you look like you own one pair of shoes. That looks cheap.

**Next step:** Do this for only one week and observe how people compliment you.

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