

# Careers & Education

## How to declare career bankruptcy



**PHILIPPE  
DESROCHERS**  
CAREER  
FASTTRACK

Feel like your career is on life support? You are not alone. There is a cure.

**Q** I am 26 years old and I graduated with a bachelor of commerce and hate my job in finance.

In fact, I never liked finance. The reason I did it was because when I studied, the stock market was hot so I chose it as a major. I never bothered to ask myself what I wanted. I am stuck and don't know what to do.

**A** The facts are, when the economy sucks, people are less likely to change jobs. This is a mistake. Take advantage of this changing economy to restructure your life.

Last week, the Associated Press ran a story entitled *GM Bankruptcy becoming more probable: CEO*.

You would think this is the end of the world. But wait. Halfway through the story it says: "Under Chapter 11 reorganization (bankruptcy), a company can stay in operation under court protection while it sheds debt and unprofitable assets to emerge in a stronger financial position."

Imagine the title of the article was *GM: Emerging in a stronger financial position*. There exists a great opportunity when declaring bankruptcy.

I am not telling you to declare financial bankruptcy. I am telling you to declare career bankruptcy. Throw in the towel. Start over again.

Of course, you could stay in your current posi-

tion and look for other work. But like GM, sometimes, you've just got to start over again.

Get fired. Walk into

your boss's office and negotiate getting laid off.

That way you can get compensation while searching for a new position.

Google: "Thinking of quitting your job? Try getting fired instead" to learn how to do this.

Spend two weeks at a spiritual retreat. Sell, recycle or give away everything that is not critical. Clean all the messes in your home. Take a career exploration program.

Still not convinced. Not sure what to do?

In her best selling book *Feel the Fear and Do It Anyway*, author Susan Jeffers, Ph.D. talks about the "no-lose decision making model." Focus only on the opportunity that each op-

tion provides.

If you stay in finance, you have a steady paycheck that allows you to keep your condo and save up for a boat to sail around the world. You can also develop deeper more meaningful relationships at work.

If you leave finance, you will have the opportunity to discover your true career loves. You will get to know yourself better. You can use this time to undergo a self journey of discovery. You can inspire your family to do the same.

Your choice lies in the one in which you will gain the most.

*E-mail your question to: info@Dr-Career.com. Visit www.1daydreamjobchallenge.org for a free download. Listen to Career FastTrack "Live" Mondays at 5:30pm on CTR 101.9 FM or online at citr.ca.*



## How much slacking is OK at the office?

**Q:** What personal chores are OK at work?

**A:** The rule of thumb is that your phone conversations shouldn't be a distraction to co-workers. So save the loud, heated arguments for another time. Otherwise, most managers will look past brief personal calls.

"They all have lives and commitments outside work, too," says Rachelle Canter, president of RJC Associates, a career counselling firm based in San Francisco.

Beyond that, the line between personal and work time has blurred considerably in recent years. As long you're productive, occasionally checking your Facebook account shouldn't be an issue. But don't forget that impressions matter even if you're delivering top-notch work.

— 24 HOURS NEWS SERVICES

resumeHUT

In an increasingly competitive job market, it's never been more important to stand out from the crowd.

From entry level resumes and career advice, to interview preparation and high-end resumes for professionals, executives, and managers. The Resume Hut can help you effectively position yourself for the job you want.

Come in for a FREE 30 minute consultation and take the first step to a better career.

Now Open on 1685 Kingsway at King Edward  
604-874-3980 resume-hut.com

**VCAD VANCOUVER COLLEGE OF ART AND DESIGN**

VCAD.CA

FOLLOW YOUR PASSION  
AT VANCOUVER COLLEGE OF ART AND DESIGN

\*VCAD is part of UCW Academies.

## Business Development Managers

Uncapped earning potential!  
\$70K OTE in Year One!

Comprehensive training!



Want to boost your career with a rapidly expanding global organization? Flight Centre's FCM Travel Solutions has an excellent opportunity for a number of **Business Development Managers** to join their team.

**Comprehensive training and development** will be provided to set you up for success in this close-knit team environment.

Furthermore, in this **pivotal** role, you will receive an **extremely attractive salary package** with **UNCAPPED earning potential** (circa \$70K OTE in Year One), plus a **fantastic range of unbeatable benefits** with this **Employer of Choice!**



## Classifieds

**Study for Success**

Business Administration major in Hospitality Management (University Transferable)

Call now!  
1-888-803-3866  
www.EtonCollege.ca

**PAYROLL/COMPUTERIZED ACCOUNTING DIPLOMA**

• Office Administration Diploma  
Fundamentals of Insurance • Hospitality & Tourism

**ULI Universal Learning Institute**

Financial assistance may be available to those who qualify. E/I recipients accepted.

604-248-1242  
www.trainingforjobs.com

**AFRICAN SPIRITUAL HEALER**

Solve all issues, specializing in African reading, Tarot, Palm, numerology, crystal ball, hramly (Sand) Hurun, Relationships.

100% guaranteed results...!  
1-800-738-6858 or 604-872-7952

**MR AMADU MEDIUM SPIRITUAL READER**

I have 10 generations experiences helps solving All problems: returning of your loved one, success in business, court cases, reuniting family, divorce, Immigration, financial, impotency, gambling, jobs, removing evil spell, bad luck, protection etc. Quick results, satisfaction guaranteed 100%

604-722-2581

Think Free. Vancouver 24 hours